



## Family Services Fact Sheet

### Program Overview

Crittenton Centers' Family Services Program provides a range of vital education and support programs for parents to help them improve the quality of their lives, strengthen families and prevent child abuse and neglect. The core programs in our Family Services component are Milestones, Stepping Stones and Parent Education. All families served at Crittenton Centers are strongly encouraged to participate in Family Services Programs.

Crittenton Centers' **Milestones Program** offers a strengths-based model built on the acknowledgment of family strengths and recognition that parents are their child's first and best teacher. Interactions with parents enrolled in this program focus on identifying strengths and developing collaborative relationships to support parents in their important job of raising children. Services offered include frequent home visits with a certified "Parents As Teachers" Family Educator, parent-child activities to encourage development of early literacy skills and ongoing developmental screenings.

Crittenton Centers' **Stepping Stones Program** serves pregnant and/or parenting who are in the care of the Illinois Department of Children and Family Services. The program covers a 10 county area of Peoria, Tazewell, Fulton, Knox, Bureau, LaSalle, Marshall, Putnam, Stark and Woodford. Services are frequently provided in the teen's home in order to help them address and manage the responsibilities of pregnancy and parenting. Services include prenatal and postnatal education, teen parent education, training and support.

Crittenton Centers' **Parent Education Program** cultivates relationships between program staff and families with the ultimate goal of enhancing parent resilience, building knowledge of parenting and child development, and fostering supportive social connections. Through activities such as monthly parent nights and education classes, parents are given the opportunity to develop skills that will strengthen their families.

### FY14 Program Outcomes

- 100% of parents demonstrated an increase in parental skills/knowledge.
- 100% of children exhibited advancement toward achieving appropriate developmental milestones.
- 84% of parents have productive way to reduce parental stress.
- 100% of teen parents provide a safe and nurturing environment for their children

### FY14 Program Funding

**Stepping Stones** - Illinois Department of Children and Family Services

**Milestones** - Illinois State Board of Education

**Parent Education** – HOI United Way, Private Foundations and Donations, Department of Human Services

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